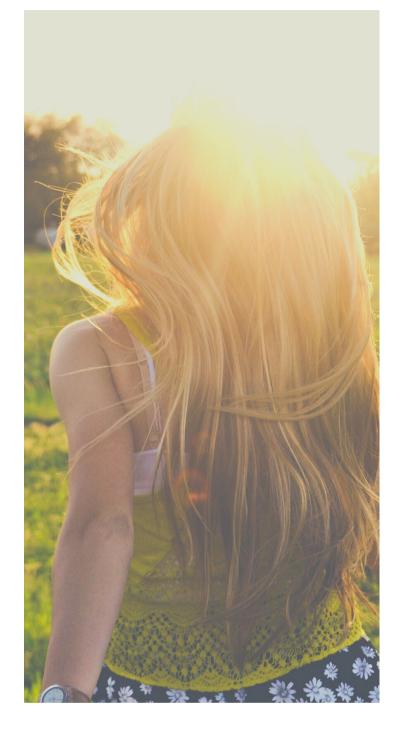
LITHA & SUMMER SOLSTICE

ILLUMINATION, MYSTERIES REVEALED, HEALING, THE HEIGHT OF JOY, FULL POTENCY, FULFILLMENT, THE NEED TO SEIZE THE MOMENT.







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LITHA & SUMMER SOLSTICE

Information, History, & Correspondence

A SIMPLE LITHA WISH SPELL

The practice of floating a wish to the Goddess (or universe)

MIDSUMMER MANIFESTATION RITUAL

SUMMER SOLSTICE ESSENTIAL OIL DIFFUSER BLEND

SUMMER SOLSTICE POTPOURRI

SUMMER SOLSTICE TAROT SPREAD



Summer Solstice
3 days beginning from Sunset
around June 20th

Litha & Summer Solstice

Celtic Festival of Light

Focus:

Illumination, Mysteries revealed, healing, the height of joy, full potency, fulfillment, the need to seize the moment.

History:

The summer solstice has been celebrated in cultures around the world. Sun dances were an assertion of power and courage and in a new form still bring healing to the nations and the Earth.

The height of the festival is the first light falling on the morning of the solstice, like a shaft of gold across standing stones and stone circles, linking the dimensions.



Celtic Festival of Light

Many circles throughout Europe and Scandinavia, such as Stonehenge, are aligned to the summer solstice sunrise, as are a number of stone medicine wheels in America and Canada. These places, built on centers of great power, have accumulated not only the power of the thousands of midsummer suns that have shone on this day since their creation, but the hopes and prayers of those who have and still gather at such places.

There is a long-standing tradition of lighting bonfires on beacon hills to strengthen the power of the Sun before it began its decline. On Midsummer Day, fire wheels were rolled down the hillsides, flaming tar barrels were swung on chains and torches tossed in the air. In Sweden, they still hold a midsummer weekend with a midsummer tree, or pole, decorated with greenery and flowers forming a centerpiece of music and revels.



Herbs:

St. John's Wort is the golden herb of midsummer and symbol of the summer solstice. St. John's Wort was said to offer fertility and powers to attract love if picked at midnight on June 23rd, the eve of St. John's Day, or the eve of the actual solstice.

Magic:

The power of the summer solstice can be harnessed for tackling seemingly insoluble problems and bringing light and life and hope to those who are depressed, or who have been unable through circumstances such as poverty, to fulfill their potential. It can help to tackle global warming, famine and disease, and to prevent oppression of people. On a personal level, summer solstice rituals are for courage, achievement, success, confidence, health, happiness, and for fulfilling potential and providing ever-expanding opportunities both physical, mental, and spiritual. These types of spells are especially potent for maturing adults approaching middle age.

Associations:

CANDLE COLORS: Gold, Orange, or red to mirror the Sun at its height

SYMBOLS: Brightly colored flowers, oak boughs, golden fern pollen that is said to reveal buried treasure wherever it falls.

CRYSTALS: Amber, Carnelian, Citrine, Golden Beryl, Sunstone

FLOWERS, HERBS, INCENSE, OILS: Chamomile, dill, elder, fennel, frankincense, lavender, St. John's Wort, Vervain



Spell: A SIMPLE LITHA WISH SPELL Timing: JUNE 20th - Summer Solstice Performing the Spell:

Meaningful place in nature where water is present.
 A flower for every wish you want to release and one for the universe

The practice of floating a wish to the universe Goddess (or universe) in the form of a rose on a body of flowing water is a time-honored tradition and a nice way to celebrate the summer solstice in a simple, yet powerful rite.

STEP 1: Gather a rose for each wish you would like to manifest

(other flowers are fine too, if roses are not affordable or available).

STEP 2: Choose a place in nature where there is water, that has meaning and beauty for you. Take a rose for each wish you would like to manifest.

STEP 3: Cast a simple circle at the edge of a lake, stream, river, or ocean.

STEP 4: Hold each rose while visualizing your wish successfully and beautifully manifested. As you release the wish to the water say:

Now begins the season of fire. May I be blessed with my desire.

STEP 5: Be sure to float one flower to the Goddess/Source/Universe with no wish attached, to say thank you for the blessings.



Spell: Midsummer Manifestation Ritual Timing: JUNE 20th - Summer Solstice Performing the Spell:

Tools:

1.) Pen & Paper

2.) Vase of flowers

3.) Candle

STEP ONE: Make a list of everything you wish to manifest during the next six months.

Be complete -- include things related to career, personal issues, and other factors like clarity, confidence, and fun.

STEP TWO: After sunset, light a candle of your choice.

STEP THREE: Place a vase of flowers you like next to the candle. STEP FOUR: Say aloud:

"I gather in the power of this day of greatest light and call in the guardians of fire, earth, air, and water to bring the last grace of power in light to manifest my desires in the coming harvest. I ask that this be"

Read aloud your list, and then say:

"I affirm that I am able and willing to allow these wishes to manifest and I participate in the miracle of creation and with faith. So mote it be."

STEP FIVE: Allow the candle to burn until you go to sleep. Celebrate the energy of the evening in some way --play music, raise a glass, allow yourself some indulgence.



Summer Solstice

Essential Oil Diffuser Blend

- 4 Drops Orange Essential Oil
- 3 Drops Rose Essential Oil
- 2 Drops Patchouli Essential Oil
- *You can multiply the recipe if making a larger batch

Summer Solstice Potpourri

Midsummer Potpourri From Hearth and Home Witchery

- 1 cup oakmoss
- 2 cups dried lavender
- 2 cups wisteria
- 2 cups verbena
- 25 drops lavender oil or lemon oil

Summer Solstice Tarot Spread



1 Sunrise 2 High Noon

3 Sunset

4 Night

- 1.) What is beginning in my life?
- 2.) Where is my greatest power, what should I be focusing on right now?
- 3.) What is winding down?
- 4.) What is under the surface, at rest at the moment?



- SPIRITUAL GUIDANCE COUNSELOR
- SHADOW WORK PRACTITIONER
- WELLNESS & MINDSET COACHING
- MAGIC MAKER
- MASTER MANIFESTER
- ENERGY HEALER
- INTUITIVE / MEDIUM

MEET JENN

It is my soul desire to work with women around the world supporting and guiding as they find their magic, healing, empowerment, and abundance.

There is nothing more exciting than playing in the BOSS WITCH energy and space, working on selfmastery, and becoming manifesting masters!

I invite you to continue this journey with me and stay immersed in this wayward, unique, expansive, and transformative energy!

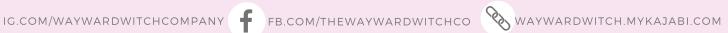
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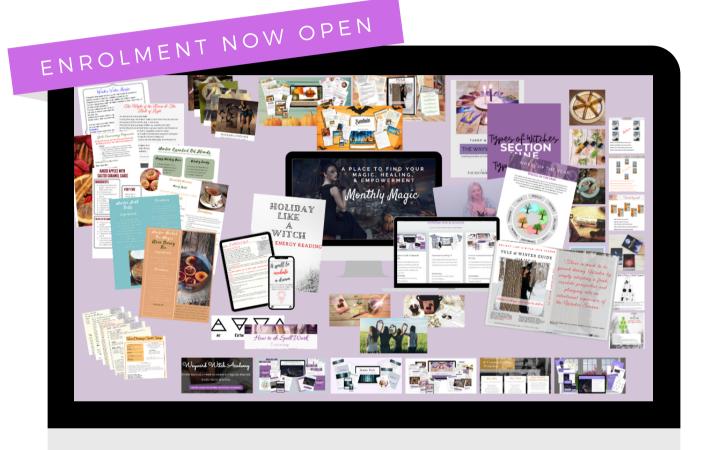
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